

Directory of Maryland Music Therapists

Allegany County

Anne Arundel County

Baltimore County

Baltimore City

Calvert County

Caroline County

Carroll County

Cecil County

Charles County

Dorchester County

Frederick County

Garrett County

Harford County

Howard County

Kent County

Montgomery County

Prince George's County

Queen Anne's County

Somerset County

St. Mary's County

Talbot County

Washington County

Wicomico County

Worcester County

AMTA/Other Virtual



Allegany County

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Co-Treatment - No

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Anne Arundel County

Contact: Phone: 410-697-1812 Socials: Website: Annapolismusictherapy.com Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy Services: Virtual Services - Yes In Person Services - Yes Internships - Not right now Observations/Shadowing - Yes MT Supervision - For Staff	CJ Chiloh, LPMT, MT-BC (She/Her) Anissa Dominguez, LPMT, MT-BC (She/Her) Brianna Webster, LPMT, MT-BC (She/Her)	Email:Admin@annapolismusictherapy.com CJ@annapolismusictherapy.com Works with: Any community of people within the greater community Services: individual, dyad, groups, adapted lessons. Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language Email: bri@annapolismusictherapy Works with:
	(She/Her)	Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults Services: Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based
	Jen Hesse, LPMT, MT-BC (She/Her)	Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: Jazz@annapolismusictherapy.com
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com

Augmenting Ability, LLC & Bee Able Services, LLC

Melissa Ward, LPMT, MT-BC

Email:<u>musictherapy@augmentingability.com</u>
Website:<u>www.augmentingability.com</u>

Contact:

Phone: 443-903-9838

Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes

Phone: 443-903-9838



Website: www.augmentingability.com Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes		Works with: Serving individuals of all ages with and without special needs. Services: Group and individual music therapy. Adapted Music Lessons.
	Jennifer Sanders, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes	Email: msjennymusic@gmail.com Work with: IEP services, autism spectrum, developmental disabilities Services: Group and individual music therapy, traditional and adaptive lessons for piano, violin, and guitar
	Natasha Montgomery MEd, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes MT Supervision - Yes	Email: natasha@augmentingability.com Website: www.augmentingability.com Works with: Clients ranging from 3 to adulthood, IEP students, Mommy and Me groups, Programmatic Music Therapy, Music Therapy Assessments Services: Music Therapy, Group/Individual Sessions, Adapted Music Lessons, IEP-based music therapy Credentials: Bachelor's in Music Therapy, Master's in Special Education, Licensed Professional Music Therapist in Maryland, Actively learning through disabled individuals' lense
	Ashley Gower, LPMT, MT-BC	Email: ashley@augmentingabity.com Services: Individual and group music therapy, adapted music lessons

Contact Web:https://harmonymusictherapymd.com	Melanie Avery, MA, LPMT, MT-BC	Works With: Children and Young Adults with Developmental Disabilities; IEP Students; Pediatric Patients
Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - no Internships - No		Services: Individual Music Therapy; Group Music Therapy; Adapted Music Lessons, Music Lessons
Observations/Shadowing - Yes		
MT Supervision - Yes		
Public Speaking or In Services - No		
Training for allied professionals- Yes		
Co-Treatment - Yes		



Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes
In Person Services - Yes
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No
Public Speaking or In Services - No
Training for allied professionals- No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Zoe Simon-Levine

Co-Treatment - No.

Services:

Virtual Services - Yes In Person Services - Plan to open soon. Please contact for more info

Practicum Placement - No Internships - No Observations/Shadowing - No Music Therapy Supervision - Yes Zoe Simon-Levine, MMT, LP-MT, MT-BC

(she/they/her/them)

Email: zoesimonlevine@gmail.com

Website: <u>riverrunmt.com</u>

Works with: Families, Children, Teens

Services: Private Lessons, Adapted Lessons, Private MT, Groups, Special Education Music Therapy Assessments,

Supervision.

Additional Information:

Zoe's work is relationship focused and emphasizes participant desires and autonomy. Zoe is an experienced supervisor and enjoys co-crafting supportive spaces for critical questioning. Starting January 2024 Zoe will be located in Washington County, MD.



Baltimore City

Contact: Phone: 410-697-1812 Socials: Website: Annapolismusictherapy.com Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy Services: Virtual Services - Yes In Person Services - Yes Internships - Not right now Observations/Shadowing - Yes MT Supervision - For Staff	CJ Chiloh, LPMT, MT-BC (She/Her) Anissa Dominguez, LPMT, MT-BC (She/Her) Brianna Webster, LPMT, MT-BC (She/Her)	Email: Admin@annapolismusictherapy.com CJ@annapolismusictherapy.com Works with: Any community of people within the greater community Services: individual, dyad, groups, adapted lessons. Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language Email: bri@annapolismusictherapy Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults
	Jen Hesse, LPMT, MT-BC (She/Her)	Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: <u>Jazz@annapolismusictherapy.com</u>
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com



Gilchrist Hospice	Emily Mahoney, MMT, LGPC, LPMT, MT-BC	Email: emahoney@gilchristcares.org
		Works with: Hospice
Contact:		
Email:		Services individual music therapy
Services:		
Virtual Services - Yes In Person Services - Yes		
Practicum Placement - Yes		
Internships - Yes		
Observations/Shadowing - Yes		

Harmony Music Therapy Services

Contact

Web:https://harmonymusictherapymd.com

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - no Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - No

Co-Treatment - Yes

Melanie Avery, MA, LPMT, MT-BC

Works With:

Children and Young Adults with Developmental Disabilities; IEP Students; Pediatric Patients

Services:

Individual Music Therapy; Group Music Therapy; Adapted Music Lessons, Music Lessons

Kennedy Krieger Institute: Fairmount Campus

Training for allied professionals-Yes

Contact:

Services: Virtual Services - Yes In Person Services - Yes

Practicum Placement -Internships -

Observations/Shadowing -

Leanne Frist, LPMT, MT-BC Email: L

Email: leanne.frist@gmail.com

Works with:

Children with Developmental Disabilities

Services:

Music Therapy Individual and Group Sessions



The Kennedy Krieger Institute- LEAP School Haylee Goodenough, MMT, LPMT, MT-BC

Works with:

Autism, Behavioral Disorders, Special Education

Contact:

Email:

goodenough@kennedykrieger.org

Services:

Music therapy programmatic groups and individual IEP based sessions.

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes

MT Supervision - Yes

The Kennedy Krieger Institute- Inpatient Hospital

Email: feolae@kennedykrieger.org

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - Yes Observations/Shadowing - Yes

MT Supervision - Yes Co-treats - Yes Emily Feola, MT-BC, NMT, LPMT

Works with:

Spinal Cord Injury, Brain Injury, Chronic Illness, Behavioral Disorders, Post Orthopedic Surgery

Services:

Individual and group music therapy sessions.

Musical Methods

Meagan Hughes, LPMT, MT-BC, MIT Email: meagan@musicalmethodsmt.com

Contact:

Phone: 443-602-0911

Website: www.musicalmethodsmt.com Instagram: musical_methods Facebook: musicalmethodsmt

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - no

Works with:

Anyone who is interested in using their creative imagination and the transformational power of music for personal growth can benefit. Individuals who participate in Focused Music Imagery sessions may be coping with life transitions, relationship challenges, depression, or anxiety, and looking to connect with their inner wisdom and creativity to make sense of their experience.

Services

IIndividual and group sessions in Focused Music Imagery



Internships - no
Observations/Shadowing - no

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Stone Soup Counseling, LLC

Contact:

Email:

scalvano@stonesoupcounseling.com

Phone: 443-266-2270

Socials:

Instagram:

https://www.instagram.com/stonesoup counseling/

Facebook:

https://www.facebook.com/search/top? q=stone%20soup%20counseling%2C%2 Ollc

Services:

Virtual Services - Case by Case basis In Person Services - Yes

Practicum Placement - no Internships - no Observations/Shadowing - no Molly Griest, MMT, LPMT, MT-BC

Email: mollygriest@stonesoupcounseling.com

Website:

https://www.psychologytoday.com/us/therapists/molly-griest-baltimo re-md/977644

Works with:

Types of issues: Depression, anxiety, mood/bipolar, trauma, self-esteem, women's issues, grief, divorce, self-esteem, peer relationships, long term medical issues, chronic pain, chronic illness, life transitions, lack of meaning in life

Services

Individual Music Therapy, Group Music Therapy, Art Therapy, Psychotherapy



Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Baltimore County

Annapolis Music Therapy Contact:	CJ Chiloh, LPMT, MT-BC (She/Her)	Email: Admin@annapolismusictherapy.com CJ@annapolismusictherapy.com Works with: Any community of people within the greater community
Phone: 410-697-1812 Socials: Website: Annapolismusictherapy.com		Services: individual, dyad, groups, adapted lessons.
Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy	Anissa Dominguez, LPMT, MT-BC (She/Her)	Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa
		Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults.
Services: Virtual Services - Yes In Person Services - Yes		Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based
Practicum Placement - Yes Internships - Not right now		Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Observations/Shadowing - Yes MT Supervision - For Staff	Brianna Webster, LPMT, MT-BC (She/Her)	Email: bri@annapolismusictherapy Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults
		Services: Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based
	Jen Hesse, LPMT, MT-BC (She/Her)	Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: <u>Jazz@annapolismusictherapy.com</u>
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com

Augmenting Ability, LLC	Melissa Ward, LPMT, MT-BC	Email:musictherapy@augmentingability.com
		Website:www.augmentingability.com
Contact: Phone: 443-903-9838 Website: www.augmentingability.com		Phone: 443-903-9838 Works with: Serving individuals of all ages with and without special needs.



Bayla Horn, LPMT, MT-BC	Bayla Horn, LPMT, MT-BC	Email: cohenbi14@gmail.com
Services: Virtual Services - In Person Services - Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes		Services: music therapy group/ individual, music lessons for piano and ukulele, adapted lessons for piano and ukulele Credentials: Certified teacher and music therapist.
Baltimore City Public Schools Contact:	Monica Caluda, MT-BC	Email: mcaluda241@gmail.com Phone: 5403360663 Works with: Children/ adolescents with multiple disabilities
	Ashley Gower, LPMT, MT-BC	Email: ashley@augmentingabity.com Services: Individual and group music therapy, adapted music lessons
	Natasha Montgomery MEd, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes MT Supervision - Yes	Email: natasha@augmentingability.com Website: www.augmentingability.com Works with: Clients ranging from 3 to adulthood, IEP students, Mommy and Me groups, Programmatic Music Therapy, Music Therapy Assessments Services: Music Therapy, Group/Individual Sessions, Adapted Music Lessons, IEP-based music therapy Credentials: Bachelor's in Music Therapy, Master's in Special Education, Licensed Professional Music Therapist in Maryland, Actively learning through disabled individuals' lense
Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes	Jennifer Sanders, LPMT, MT-BC	Services: Group and individual music therapy. Adapted Music Lessons. Email: msjennymusic@gmail.com Work with: IEP services, autism spectrum, developmental disabilities Services: Group and individual music therapy, traditional and adaptive lessons for

Virtual Services - Yes In Person Services - Yes



Practicum Placement - No Internships - No Observations/Shadowing - No **Cornerstone Music Therapy Services** Jessica McAllister MM, MT-BC Email: cornerstonemusictherapy@gmail.com Contact: Works with: Older Adults, Alzheimer's Disease/dementia, Parkinson's Disease, Stroke rehabilitation, Depression/anxiety Services: Virtual Services - Yes In Person Services - Yes Services: Music therapy group/individual sessions, Telehealth sessions, Practicum Placement - No Consultation Internships - No Observations/Shadowing - Yes Emily Mahoney, MMT, LGPC, Email: emahonev@gilchristcares.org **Gilchrist Hospice** LPMT, MT-BC Works with: Hospice Contact: Services individual music therapy Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes Email: Acicconi@towson.edu **Harford County Public** Dr. Ashleigh Cicconi, LPMT, Phone: 4803475233 MT-BC, RYT Schools/Towson University Works with: Developmental disabilities - all ages, Mental health disorders -Contact: all ages, PTSD - all ages Services: Music therapy individual sessions Services: Trauma-informed yoga sessions Virtual Services -In Person Services -Mindfulness-based music sessions Music mnemonics consultation services Practicum Placement -Observations/shadowing Opportunities Internships -

Licensed practitioner of music therapy, Board certified music therapist, Certified child/adolescent trauma-informed yoga instructor, Certified special education teacher and general music teacher, Current president of general music component

Observations/Shadowing -



of Maryland Music Educators Association, Adjunct faculty member at Towson University and Bard College

Harmony Counseling Center

Contact:

a.tenney@harmonycounselingcenter.net

Website:

https://www.harmony-counseling-center.com/

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - Yes

MT Supervision - No

Amy Tenny MAMT, LPMT, MT-BC. LGPC

Email: a.tenney@harmonycounselingcenter.net

Works with: mental health

Services

music therapy and counseling individual sessions; groups may be arranged

Additional Information:

The music therapist is also licensed as a counselor and can provide music therapy and counseling services.

Harmony Music Therapy Services

Contact

Web:https://harmonymusictherapymd.com

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - no Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - No Training for allied professionals- Yes Melanie Avery, MA, LPMT, MT-BC

Works With:

Children and Young Adults with Developmental Disabilities; IEP Students; Pediatric Patients

Services

Individual Music Therapy; Group Music Therapy; Adapted Music Lessons, Music Lessons

The Johns Hopkins Center for Music and Medicine

Services:

Virtual Services - Yes In Person Services - Yes

Co-Treatment - Yes

Practicum Placement - Potentially in 2023 Internships -

Observations/Shadowing -

Kerry Devlin, MMT, LPMT, MT-BC

Email: Kdevlin5@jh.edu

Website: https://www.hopkinsmedicine.org/center-for-music-a

nd-medicine/

Social Medias: @JHMusicMedicine (IG & Twitter)

Works with:

Neurodegenerative and neurologic disease; Movement disorders; Pediatrics

Services:

Virtual support groups for patients with neurodegenerative diagnoses and their care partners; music therapy research opportunities; limited inpatient and outpatient services Potential Practicum Placement - 2023



The Johns Hopkins Children's Center

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Jamie Shegogue, LPMT, MT-BC Email: jshegogue.mt@gmail.com

Website:

https://www.hopkinsmedicine.org/johns-hopkins-childrens-ce

Social Medias: @hopkinschildrens

Works with:

Pediatric medical, children and families in the critical care units (pediatric intensive care unit (PICU) and pediatric cardiac intensive care unit (PCICU)).

Services:

Music therapy individual

Kennedy Krieger Institute: Fairmount Campus

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement -

Internships -

Observations/Shadowing -

Leanne Frist, LPMT, MT-BC

Works with:

Children with Developmental Disabilities

Levindale Hebrew Geriatric Center and Hospital

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - No Internships - No

Observations/Shadowing - Yes

Braeden McKibben, MT-BC, LPMT

Emails: braeden.mckibben@gmail.com, bmckibben@lifebridgehealth.org

Works with:

Older adults, adults, dementia care, mental health care, ventilation and high-intensity care

Services:

Group music therapy, individual music therapy, individual adapted music lessons, virtual music therapy for the Partial Hospitalization Program



Regional Institute for Children and Adolescents - Baltimore

Contact:

Email: megan.kong@maryland.gov

Phone: (410) 368-7916

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - no

Internships - no

Observations/Shadowing - Yes

MT Supervision - No

Megan Kong, LPMT, MT-BC

Email: megan.kong@maryland.gov

Works with:

Neurodivergent children and adolescents, mental health, trauma, dual diagnosis, substance abuse, developmental disabilities, residential treatment, educational day treatment,

IEP related services

Services

Group and individual music therapy

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website:www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Stone Soup Counseling, LLC

Contact:

Email: scalvano@stonesoupcounseling.com

Phone: 443-266-2270

Socials:

Instagram:

Molly Griest, MMT, LPMT, MT-BC

Email: mollygriest@stonesoupcounseling.com

Works with:

Types of issues: Depression, anxiety, mood/bipolar, trauma, self-esteem, women's issues, grief, divorce, self-esteem, peer relationships, long term medical issues, chronic pain, chronic illness, life transitions, lack of meaning in life

Services

Individual Music Therapy, Group Music Therapy, Art Therapy, Psychotherapy



https://www.instagram.com/stonesoupcounseling/ Facebook:

https://www.facebook.com/search/top?q=stone%2 0soup%20counseling%2C%20llc

Services:

Virtual Services - Case by Case basis

In Person Services - Yes

Practicum Placement - no

Internships - no

Observations/Shadowing - no

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No

MT Supervision - No

Public Speaking or In Services - No Training for allied professionals- No

Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Calvert County

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

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Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

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Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Co-Treatment - No

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Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Caroline County

Annapolis Music Therapy	CJ Chiloh, LPMT, MT-BC (She/Her)	Email:Admin@annapolismusictherapy.com CJ@annapolismusictherapy.com
Contact:		Works with: Any community of people within the greater community
Phone: 410-697-1812 Socials: Website: Annapolismusictherapy.com		Services: individual, dyad, groups, adapted lessons.
Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy	Anissa Dominguez, LPMT, MT-BC (She/Her)	Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa
	(Sile/ nei)	Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults.
Services: Virtual Services - Yes In Person Services - Yes		Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based
Practicum Placement - Yes Internships - Not right now		Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Observations/Shadowing - Yes MT Supervision - For Staff	Brianna Webster, LPMT, MT-BC (She/Her)	Email: bri@annapolismusictherapy Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults
		Services: Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based
	Jen Hesse, LPMT, MT-BC (She/Her)	Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: Jazz@annapolismusictherapy.com
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com

Services:

Infants-18 years. Students, families and teachers

Amanda McEntegart, LPMT,

MT-BC

Choptank Community Health

Contact:



Amcentegart@choptankhealth.org

Music therapy, adapted lessons, family therapy, group therapy, trauma focused music therapy

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - Yes Internships - No Observations/Shadowing - Yes

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes
In Person Services - No
Practicum Placement - Yes
Internships - No
Observations/Shadowing - Yes

MT Supervision - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Public Speaking or In Services - Yes

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Carroll County

Augmenting Ability, LLC Contact: Phone: 443-903-9838 Website: www.augmentingability.com Services: Virtual Services - Yes In Person Services - Yes	Melissa Ward, LPMT, MT-BC	Email:musictherapy@augmentingability.com Website:www.augmentingability.com Phone: 443-903-9838 Works with: Serving individuals of all ages with and without special needs. Services: Group and individual music therapy. Adapted Music Lessons.
Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes	Jennifer Sanders, LPMT, MT-BC	Email: msjennymusic@gmail.com Work with: IEP services, autism spectrum, developmental disabilities Services: Group and individual music therapy, traditional and adaptive lessons for piano, violin, and guitar
	Natasha Montgomery MEd, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes MT Supervision - Yes	Email: natasha@augmentingability.com Website: www.augmentingability.com Works with: Clients ranging from 3 to adulthood, IEP students, Mommy and Me groups, Programmatic Music Therapy, Music Therapy Assessments Services: Music Therapy, Group/Individual Sessions, Adapted Music Lessons, IEP-based music therapy Credentials: Bachelor's in Music Therapy, Master's in Special Education, Licensed Professional Music Therapist in Maryland, Actively learning through disabled individuals' lense
	Ashley Gower, LPMT, MT-BC	Email: ashley@augmentingabity.com Services: Individual and group music therapy, adapted music lessons



Springfield Hospital Center	Maxwell Thompson, LPMT, MT-BC	Email: Maxwell.thompson@maryland.gov Phone : 410-970-7000 x3280
Contact: Phone: 410-970-7000		Works with: Forensic psychiatric, substance abuse, dual diagnosis, trauma Services: Group and individual music therapy
Services: Virtual Services - No In Person Services - Yes Practicum Placement - Yes Internships - Yes Observations/Shadowing - No MT Supervision - Yes	Mary D'Amato Emmert, LPMT, MT-BC	Email: maryd7523@gmail.com Works with: Forensic Psychiatric Adults Services: Music Therapy Groups and Individual services

Rooted Cadence Music Therapy, LLC	Amanda Rosado, MMT, LPMT, MT-BC	Email: info@rootedcadencemt.com
Contact: Email: info@rootedcadencemt.com Website:www.rootedcadencemt.com Phone: 443-333-9948		Works With: Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support Services: Virtual individual and group sessions
Services: Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes		

Tapestry Music Therapy, LLC	Lydia Gruber, LPMT, MT-BC (she/her)	Works With:
Contact: lydiamt@tapestrymusictherapy.com Web:tapestrymusictherapy.com		Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support



Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Services

Group sessions and wellness workshops

Additional Information:



Cecil County

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes

MT Supervision - Yes Public Speaking or In Services - Yes Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Co-Treatment - No

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Charles County

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes

Co-Treatment - No

In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Dorchester County

Chesapeake Music Therapy

Contact: Email:

Chesapeakemusictherapy@gmail.com Social:

Instagram- Chesapeake Music Therapy Facebook- Chesapeake Music Therapy Phone: (443) 523-4976

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes Niki Runge, MCAT, LPMT, MT-BC

Email: Chesapeakemusictherapy@gmail.com Social: Facebook- Chesapeake Music Therapy

Phone: (443) 523-4976

Works with:

early childhood, child/adolescent mental health, autism, developmental disabilities, cognitive disabilities, hospice, child and special needs bereavement

Services:

music therapy individual and group, adapted music lessons

Credentials: Hospice and Palliative Care Music Therapy Certificate, Member of MD Board of Examiners for Audiologists, Hearing-Aid Dispensers, Speech-Language Pathologists and Music Therapists

Coastal Hospice

Contact:

Email: hstayman@coastalhospice.org

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - Yes MT Supervision - No Public Speaking or In Service - No Hayley Stayman LPMT, MT-BC, NMT

Works with:

Hospice, Geriatrics, Dementia

Services:

Individual music therapy

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:www.rootedcadencemt.com

Phone: 443-333-9948

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions



Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes

Tom Gerni, LMTP, MT-BC

Email: arklifemusictherapy@gmail.com

Phone: 410-642-4528

Works with: Sun Behavioral Health; Children and Families First of Delaware

Behavioral Health, Learning Disabilities [IEP, 504 +], Early, School-age, Adolescent; Substance Use and Abuse, Co-Occuring disorders, Senior Wellness, Stroke, Dementia, End of Life Care / Hospice

Services:

Adaptive Instruction, Self-Regulation of Mood, "Tapping," Creative group and individual therapy, Language Reinforcement Strategies and Activities, Toning, Melodic Intonation Therapy, DBT-informed Music and Mindfulness Practice, Vocal Coaching, Song-writing,

Additional Info: A referral or "prescription" from MD or Psychiatrist, from Social Worker or Licensed Mental Health or School-based practitioner is helpful. Fees may be adjusted on a sliding scale. Home visits are encouraged.

Sun Behavioral Health; Children and Families First of Delaware

Contact:

Email:arklifemusictherapy@gmail.c

Phone: 410-642-4528

Services:

Virtual Services - for referral/assessment, intake purposes

In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - Yes

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Frederick County

Blossoming Wellness and Music, LLC

Contact:

megan.kong@blossomingwm.com

Services:

Virtual Services - Yes In Person Services - No

Practicum Placement - No Internships - No

Observations/Shadowing - No

MT Supervision - Yes

Megan Kong, LPMT, MT-BC

Email: megan.kong@blossomingwm.com

Phone: (240) 439-4337

Website: blossomingwm.com

Works with:

Mental health care (depression, anxiety, etc.) children/adolescent/young adults/adults, cultural and intersecting identities in children/adolescent/young adults/adults, Asian Pacific Islander Desi American experiences in children/adolescent/young adults/adults,

quality of life

Services:

Individual music therapy

Frederick Health

Contact:

Services:

Virtual Services -In Person Services - Yes

Practicum Placement -

Internships -

Observations/Shadowing -

Kayla Lyles, LPMT, MT-BC

Email: klyles90@gmail.com Phone: 240-357-6610

Works with:

Children, Adolescents, Older Adults, DD, Psych, Hospice Care

Provides:

Individual sessions, family sessions, group music therapy

Credentials:

Will graduate May 2022 with a Master of Music Therapy Degree. Completing GIM training. Level I - July 2021, Level II -May 2022

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website: www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support,

end-of-life support

Services:

Virtual individual and group sessions



In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes
In Person Services - Yes
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No
Public Speaking or In Services - No
Training for allied professionals- No
Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Wholistic Music Therapy

Contact:

Website: www.wholisticmusictherapy.com Social Medias:

www.facebook.com/wholisticmusictherapy

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement -

Internships -

Observations/Shadowing -

Meghan Roche, LPMT, MT-BC

Email: mroche@wholisticmusictherapy.com Website: www.wholisticmusictherapy.com

Social Medias: www.facebook.com/wholisticmusictherapy

Phone: 240-397-9544

Works with: Older adults and adults, & individuals with dementia/Alzheimer's, receiving hospice care, and living with mental health conditions

Services: Music therapy group and individual sessions with in-person and virtual capabilities

Notes:

Meghan is passionate about using music to connect to her clients and work towards their unique goals. Meghan has experience in long-term care communities, UPMC Children's Hospital of Pittsburgh, and UPMC Western Psychiatric Hospital. Meghan opened a private practice, Wholistic Music Therapy, in early 2021, and focuses on providing group and individual sessions to Montgomery County and the surrounding community.



Garrett County

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No

Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes
In Person Services - Yes
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No
Public Speaking or In Services - No
Training for allied professionals- No
Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Harford County

Augmenting Ability, LLC	Melissa Ward, LPMT, MT-BC	Email:musictherapy@augmentingability.com Website:www.augmentingability.com
Contact: Phone: 443-903-9838 Website: www.augmentingability.com Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes		Phone: 443-903-9838 Works with: Serving individuals of all ages with and without special needs. Services: Group and individual music therapy. Adapted Music Lessons.
	Jennifer Sanders, LPMT, MT-BC	Email: msjennymusic@gmail.com Work with: IEP services, autism spectrum, developmental disabilities Services: Group and individual music therapy, traditional and adaptive lessons for piano, violin, and guitar
	Natasha Montgomery MEd, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes MT Supervision - Yes	Email: natasha@augmentingability.com Website: www.augmentingability.com Works with: Clients ranging from 3 to adulthood, IEP students, Mommy and Me groups, Programmatic Music Therapy, Music Therapy Assessments Services: Music Therapy, Group/Individual Sessions, Adapted Music Lessons, IEP-based music therapy Credentials: Bachelor's in Music Therapy, Master's in Special Education, Licensed Professional Music Therapist in Maryland, Actively learning through disabled individuals' lense
	Ashley Gower, LPMT, MT-BC	Email: ashley@augmentingabity.com Services: Individual and group music therapy, adapted music lessons



Harford County Public Schools/Towson University

Dr. Ashleigh Cicconi, LPMT, MT-BC, **RYT**

Email: Acicconi@towson.edu

Phone: 4803475233

Contact:

Works with:

Developmental disabilities - all ages, Mental health disorders -

all ages, PTSD - all ages

Services: Virtual Services -In Person Services - Yes

Services: Music therapy individual sessions

Trauma-informed yoga sessions Mindfulness-based music sessions Music mnemonics consultation services

Observations/shadowing Opportunities

Practicum Placement - No Internships - No Observations/Shadowing - Yes

Credentials:

Licensed practitioner of music therapy, Board certified music therapist, Certified child/adolescent trauma-informed yoga instructor, Certified special education teacher and general music teacher, Current president of general music component of Maryland Music Educators Association, Adjunct faculty member at Towson University and Bard College

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity

building, cancer support, LGBTQ+, Dementia support,

Rooted Cadence Music Therapy, LLC

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Contact:

Email: info@rootedcadencemt.com Website: www.rootedcadencemt.com

Phone: 443-333-9948

end-of-life support

Works With:

Services: Virtual individual and group sessions

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes



Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Co-Treatment - No

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:



Howard County

Augmenting Ability, LLC Contact: Phone: 443-903-9838 Website: www.augmentingability.com Services: Virtual Services - Yes In Person Services - Yes Internships - Yes Observations/Shadowing - Yes	Melissa Ward, LPMT, MT-BC Jennifer Sanders, LPMT, MT-BC	Email: musictherapy@augmentingability.com Website: www.augmentingability.com Phone: 443-903-9838 Works with: Serving individuals of all ages with and without special needs. Services: Group and individual music therapy. Adapted Music Lessons. Email: msjennymusic@gmail.com
	ociminer ounders, Er Wit, Wit Bo	Work with: IEP services, autism spectrum, developmental disabilities Services: Group and individual music therapy, traditional and adaptive lessons for piano, violin, and guitar
	Natasha Montgomery MEd, LPMT, MT-BC Practicum Placement - Yes Internships - Yes Observations/Shadowing - Yes MT Supervision - Yes	Email: natasha@augmentingability.com Website: www.augmentingability.com Works with: Clients ranging from 3 to adulthood, IEP students, Mommy and Me groups, Programmatic Music Therapy, Music Therapy Assessments Services: Music Therapy, Group/Individual Sessions, Adapted Music Lessons, IEP-based music therapy Credentials: Bachelor's in Music Therapy, Master's in Special Education, Licensed Professional Music Therapist in Maryland, Actively learning through disabled individuals' lense
	Ashley Gower, LPMT, MT-BC	Email: ashley@augmentingabity.com Services: Individual and group music therapy, adapted music lessons



Clifton T. Perkins Hospital Center	Tatyana N. Martin, MMT, LPMT, MT-BC	Email: tatyana.martin@maryland.gov Works with:
Contact:		Forensic psychology/mental health (in patient facility under the Maryland Department of Health)
Services: Virtual Services - No In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No	-	Services: Music therapy group and individual sessions
	Molly Griest, MMT, LPMT, MT-BC	Email: molly.griest@maryland.gov Phone: 410-724-3251 Works with: Forensic Mental Health
		Services: Individual and group music therapy
Melody Music Therapy, LLC	Lilah Pittman, MA, LPMT, MT-BC	Email: lilah@melodymt.com Website: melodymt.com Social Medias: @melodymusictherapy
Contact: Website: melodymt.com		Phone: 301-284-0792 Works with:

Social Medias: @melodymusictherapy Children and Adults with Autism Spectrum Disorder Children and Adults with Intellectual and Developmental Disabilities Mental Health for Adolescents and Adults Services: Virtual Services - Yes In Person Services - Yes Individual music therapy sessions, groups music therapy sessions, music lessons, adapted lessons, music therapy Practicum Placement - Yes assisted childbirth Internships - No Observations/Shadowing - Yes Note: Individual music therapy sessions and music lessons are in-home Mikaila Vieyra, LPMT, MT-BC Email: mhvieyra@gmail.com Works with: Children, teens, adults, and older adults in all areas of life Services: Individual sessions, Dyad sessions, Group sessions,

Adapted music lessons, Music lessons



Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes
In Person Services - Yes
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No
Public Speaking or In Services - No
Training for allied professionals- No
Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Wholistic Music Therapy

Contact:

Website: www.wholisticmusictherapy.com Social Medias:

www.facebook.com/wholisticmusictherapy

Services:

Meghan Roche, LPMT, MT-BC

Email: mroche@wholisticmusictherapy.com Website: www.wholisticmusictherapy.com

Social Medias: <u>www.facebook.com/wholisticmusictherapy</u>

Phone: 240-397-9544

Works with: Older adults and adults, & individuals with dementia/Alzheimer's, receiving hospice care, and living with mental health conditions



Virtual Services - Yes In Person Services - Yes	Services: Music therapy group and individual sessions with in-person and virtual capabilities
Practicum Placement - Internships -	Notes:
Observations/Shadowing -	Meghan is passionate about using music to connect to her clients and work towards their unique goals. Meghan has experience in long-term care communities, UPMC Children's Hospital of Pittsburgh, and UPMC Western Psychiatric Hospital. Meghan opened a private practice, Wholistic Music Therapy, in early 2021, and focuses on providing group and individual sessions to Montgomery County and the surrounding community.



Kent County

Annapolis Music Therapy Contact: Phone: 410-697-1812 Socials: Website: Annapolismusictherapy.com Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy Services: Virtual Services - Yes In Person Services - Yes	CJ Chiloh, LPMT, MT-BC (She/Her) Anissa Dominguez, LPMT, MT-BC (She/Her)	Email: Admin@annapolismusictherapy.com CJ@annapolismusictherapy.com Works with: Any community of people within the greater community Services: individual, dyad, groups, adapted lessons. Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based
Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes		Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
MT Supervision - For Staff	Brianna Webster, LPMT, MT-BC (She/Her)	Email: bri@annapolismusictherapy Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults Services: Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based
	Jen Hesse, LPMT, MT-BC (She/Her)	Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: Jazz@annapolismusictherapy.com
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com

Choptank Community Health	MT-BC	Works with: Infants-18 years. Students, families and teachers
Contact: Amcentegart@choptankhealth.org		Services: Music therapy, adapted lessons, family therapy, group therapy, trauma focused music therapy



Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - Yes Internships - No

Observations/Shadowing - Yes

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Zoe Simon-Levine

Co-Treatment - No

Services:

Virtual Services - Yes In Person Services - Plan to open soon. Zoe Simon-Levine, MMT, LP-MT, MT-BC (she/they/her/them)

Email: <u>zoesimonlevine@gmail.com</u>

Website: riverrunmt.com

Works with: Families, Children, Teens



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Practicum Placement - No Internships - No Observations/Shadowing - No Music Therapy Supervision - Yes Services: Adapted Lessons, Individual Music Therapy, Family Music Groups, Supervision for Music Therapists

Additional Information:

Zoe's work is relationship focused and emphasizes participant desires and autonomy. Zoe is an experienced supervisor and enjoys co-crafting supportive spaces for critical questioning. Starting January 2024 Zoe will be located in Washington County, MD.



Montgomery County

Blossoming Wellness and Music, LLC

Contact: megan.kong@blossomingwm.com

Services:

Virtual Services - Yes In Person Services - No

Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - Yes

Megan Kong, LPMT, MT-BC

Email: megan.kong@blossomingwm.com

Phone: (240) 439-4337 Website: blossomingwm.com

Works with:

Mental health care (depression, anxiety, etc.) children/adolescent/young adults/adults, cultural and intersecting identities in children/adolescent/young adults/adults, Asian Pacific Islander Desi American experiences in children/adolescent/young adults/adults, quality of life

Services:

Individual music therapy

DLE Music Therapy, LLC

Contact:

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - No Diane L Eisenhower, LPMT. MT-BC

Email:deisenhower.mtbc@gmail.com

Phone: 240-498-8173

Linkedin:

https://www.linkedin.com/in/diane-eisenhower-lpmt-mt-bc-4a 2892126/

Works with:

Older adults, Young adults, Adults with early stage memory loss, dementia, and Alzheimer's, Adults who have experienced trauma, Children of all ages and abilities

Services:

Individual and group music therapy sessions

Additional Information:

I travel to people's homes and facilities as well as providing telehealth services.

The Diener School

Contact: jo@thedienerschool.org

Services:

Virtual Services - No. In Person Services - Yes

Practicum Placement - Yes Internships - No Observations/Shadowing - Yes Jo Pittman, LPMT, MT-BC

Email: jo@thedienerschool.org

Works with: Autism, Learning Differences, Sensory Processing Disorders, Expressive and Receptive Speech Delays, Executive Functioning and Attention Challenges, Social Skill Delays, Child Mental Health, etc.

Services: Music therapy group & individual, adapted music lessons



Gillian McKeever - Independent Contractor

Contact

Email: gill.mckeever@gmail.com

Services:

Virtual Services - Optional In Person Services - Yes Practicum Placement - no Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Gillian McKeever, LPMT, MT-BC, NMT

Works With:

Mostly adults, but I work with all ages.

Services:

Group music therapy, individual sessions, music lessons

The Goddard School

Contact:

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No

Internships - No

Observations/Shadowing - No

Emily Oaks, MT-BC, LPMT

Email: Emilymariemusic92@gmail.com

Phone: 4103829401

Works with: Early Childhood

Services: Group music and movement classes for preschool,

piano class for preschool, private lessons

Additional Information: Sprouting Melodies trained

Kensington Park Senior Living

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No

Internships - No

Observations/Shadowing - No Music Therapy Supervision - No Julia McCarren, LPMT, MM, MT-BC Email: julia.mccarren@gmail.com

Works with: Older Adults

Services: Music therapy group/individual.

Additional Information:

Melody Music Therapy, LLC

Contact:

Website: melodymt.com

Social Medias: @melodymusictherapy

Services:

Virtual Services - Yes In Person Services - Yes Lilah Pittman, MA, LPMT, MT-BC Email: <u>lilah@melodymt.com</u>

Website: melodymt.com

Social Medias: @melodymusictherapy

Phone: 301-284-0792

Works with:

Children and Adults with Autism Spectrum Disorder Children and Adults with Intellectual and Developmental

Disabilities

Mental Health for Adolescents and Adults

Services:



Practicum Placement - Yes Internships - No Observations/Shadowing - Yes		Individual music therapy sessions, groups music therapy sessions, music lessons, adapted lessons, music therapy assisted childbirth Note: Individual music therapy sessions and music lessons are in-home
	Mikaila Vieyra, LPMT, MT-BC	Email: mhvieyra@gmail.com Works with: Children, teens, adults, and older adults in all areas of life Services: Individual sessions, Dyad sessions, Group sessions, Adapted music lessons, Music lessons.

Modena	Reserve	at Kens	ington
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Contact: juliaroston@gmail.com

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No

Internships - No

Observations/Shadowing - No Music Therapy Supervision - No Julia Roston MT-BC, CDP

Email:juliaroston@gmail.com

Phone:

Linkedin:

Works with:

Serving clients who have been diagnosed with dementia or

Alzheimer's Disease

Services:

Music therapy group/individual sessions

Reflections Music Therapy, LLC

Contact:

Email: sarahkingmtbc@gmail.com Web: www.reflectionsmusictherapy.com

Social: @reflectionsmusicsarah

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - no Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Sarah King, LPMT, MT-BC

Email: sarahkingmtbc@gmail.com

Works With:

0-24 months Infant-caregiver bonding and attachment support groups

2-5 years old Social-emotional preschool groups

Intergenerational Groups 1:1 all ages case by case

music classes, music therapy group/individual, piano and

adapted lessons



Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

SSDS / Baby in Tune with Sarah

Contact: Sarahkingmtbc@gmail.com

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No

Internships - No

Observations/Shadowing - No

Sarah King, LPMT, MT-BC

Email: sarahkingmtbc@gmail.com

Phone:

Linkedin:

Works with:

Preschool, early parenthood and babies 0-9 months

Services:

Group preschool with SEL focus, social/emotional parenting

support group

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes
In Person Services - Yes
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No
Public Speaking or In Services - No

Training for allied professionals- No

Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Washington Adventist University

Dr. Alicia Barksdale, LPMT, MT-BC- Music Therapy Program Director Email: abarksda@wau.edu



Contact:

Website: abarksda@wau.edu

Social Medias:

Services:

Virtual Services - No

In Person Services - Opening soon, contact for more

information

Practicum Placement - no

Internships - no

Observations/Shadowing - no

About: Undergraduate and Equivalency Music Therapy Training Program

Services: We are planning to offer adaptive music lessons and individual music therapy for community members in the future- please check back for developments and updates.

Wholistic Music Therapy

Contact:

Website: www.wholisticmusictherapy.com

Social Medias:

www.facebook.com/wholisticmusictherapy

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement -

Internships -

Observations/Shadowing -

Meghan Roche, LPMT, MT-BC

Email: mroche@wholisticmusictherapy.com Website: www.wholisticmusictherapy.com

Social Medias: www.facebook.com/wholisticmusictherapy

Phone: 240-397-9544

Works with: Older adults and adults, & individuals with dementia/Alzheimer's, receiving hospice care, and living with mental health conditions

Services: Music therapy group and individual sessions with in-person and virtual capabilities

Notes:

Meghan is passionate about using music to connect to her clients and work towards their unique goals. Meghan has experience in long-term care communities, UPMC Children's Hospital of Pittsburgh, and UPMC Western Psychiatric Hospital. Meghan opened a private practice, Wholistic Music Therapy, in early 2021, and focuses on providing group and individual sessions to Montgomery County and the surrounding community.



Prince George's County

Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes	Anissa Dominguez, LPMT, MT-BC (She/Her) Brianna Webster, LPMT, MT-BC	Works with: Any community of people within the greater community Services: individual, dyad, groups, adapted lessons. Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language Email: bri@annapolismusictherapy
Annapolismusictherapy.com Facebook - Annapolis Music Therapy Instagram - @Annapolismusictherapy Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes	(She/Her) Brianna Webster, LPMT, MT-BC	Email: Anissa@annapolismusictherapy.com Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Instagram - @Annapolismusictherapy Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes	(She/Her) Brianna Webster, LPMT, MT-BC	Social Media: Youtube.com/ASLAnissa Works with: Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes	· · · · · · · · · · · · · · · · · · ·	Developmental Disabilities, Neurodivergent children/teens/adults, Older adults. Services: Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - Not right now Observations/Shadowing - Yes	· · · · · · · · · · · · · · · · · · ·	Piano Lessons, Adapted piano lessons, individual sessions, Groups sessions, facility based, school based Additional Info: Classically trained pianist, Proficient in ASL/Sign Language
Internships - Not right now Observations/Shadowing - Yes	· · · · · · · · · · · · · · · · · · ·	Classically trained pianist, Proficient in ASL/Sign Language
-	· · · · · · · · · · · · · · · · · · ·	Email: bri@annapolismusictherapy
	(She/Her)	Works with: Developmental disabilities, neurodivergent children/teens/adults, older adults, dementia and memory care, mental health care children/teens/adults
		Services: Groups, Individuals, Lessons, Adapted Lessons, Facility/Community based
	Jen Hesse, LPMT, MT-BC (She/Her)	Email: Jen@annapolismusictherapy.com
	Jazmyne Craig, LPMT, MT-BC (She/Her)	Email: Jazz@annapolismusictherapy.com
	Chrissy Cotsalas LPMT, MT-BC (She/Her)	Email: Chrissy@annapolismusictherapy.com
	Meagan Hughes LPMT, MT-BC (She/Her)	Email: Meagan@annapolismusictherapy.com
	Seth Greenberg LPMT, MT-BC (He/Him)	Email: Seth@annapolismusictherapy.com
	Alexa Stamatis LPMT, MT-BC (She/Her)	Email: Alexa@annapolismusictherapy.com

Prince George's County Public Schools	Monica Levin, M.Ed, LPMT, MT-BC, NBCT	Instagram: @musicmonica2020 Phone: 410-913-4418
Contact:		Works with: Early Childhood through school aged Services:
		Accessible music About:



Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - No My role in the school system is music educator, servicing students with special needs. I support the PGCPS Department of Special Education, responding to music therapy inquiries and assessments as needed. Should MT services be required, they are contracted out.

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website:www.rootedcadencemt.com Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



Your Tempo Healing LLC

Alison Dagger, MA, LPMT, LCPC

Email: alison@yourtempohealing.com

Contact:

Email:alison@yourtempohealing.com Website:www.yourtempohealing.com Social: @yourtempohealing

Services:

Virtual Services - Yes In Person Services - Opening soon Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - Yes

Works With:

Young Adults and Adults seeking to treat anxiety, trauma, and $\ensuremath{\mathsf{PTSD}}$

Services:

music therapy individual (contact for information regarding group offerings)

About:

Your Tempo Healing LLC is dedicated to creative transformation for individuals suffering the long lasting impacts of trauma caused by abuse, neglect, and marginalization. Services are centered around trauma education and body-mind healing using music, movement, and the creative arts to help adults struggling to own their worth connect back into themselves, their professional lives, and relationships.



Queen Anne's County

Choptank Community Health	Amanda McEntegart, LPMT, MT-BC	Works with: Infants-18 years. Students, families and teachers
Contact: Amcentegart@choptankhealth.org		Services: Music therapy, adapted lessons, family therapy, group therapy, trauma focused music therapy
Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - No Observations/Shadowing - Yes		

Rooted Cadence	Music
Therapy, LLC	

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions



Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



Somerset County

Chesapeake Music Therapy

Contact: Email:

Chesapeakemusictherapy@gmail.com

Social:

Instagram- Chesapeake Music Therapy Facebook- Chesapeake Music Therapy

Phone: (443) 523-4976

Services:

Virtual Services - Yes In Person Services - Yes

Practicum Placement - Yes Internships - Yes

Observations/Shadowing - Yes

Niki Runge, MCAT, LPMT, MT-BC

Email: Chesapeakemusictherapy@gmail.com Social: Facebook- Chesapeake Music Therapy

Phone: (443) 523-4976

Works with:

early childhood, child/adolescent mental health, autism, developmental disabilities, cognitive disabilities, hospice, child and special needs bereavement

Services:

music therapy individual and group, adapted music lessons

Credentials: Hospice and Palliative Care Music Therapy Certificate, Member of MD Board of Examiners for Audiologists, Hearing-Aid Dispensers, Speech-Language Pathologists and Music Therapists

Coastal Hospice

Contact:

Email: hstayman@coastalhospice.org

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - No

Observations/Shadowing - Yes

MT Supervision - No

Public Speaking or In Service - No

Hayley Stayman LPMT, MT-BC, NMT

Works with:

Hospice, Geriatrics, Dementia

Services:

Individual music therapy

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website:www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Virtual individual and group sessions



Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes Public Speaking or In Services - Yes

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



St. Mary's County

Bay Community Support

Services, Inc.

Contact:

Services: Virtual Services - No In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - No Elizabeth M. Smith, LPMT, NMT, MT-BC

Email: emc.smith@verizon.net

Phone: 301-904-8310

Works with:

DDA, ID/DD, Autism, Adults, Geriatrics, Veterans

Services:

Music Therapy Individual, Adapted Music Lessons, Music

Additional Services:

Day Activities, Personal Support, Supportive Employment, and

Residential Services.

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website:www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

lydiamt@tapestrymusictherapy.com Web:tapestrymusictherapy.com

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied,



MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



Talbot County

Choptank Community Health	Amanda McEntegart, LPMT, MT-BC	Works with: Infants-18 years. Students, families and teachers
Contact: Amcentegart@choptankhealth.org		Services: Music therapy, adapted lessons, family therapy, group therapy, trauma focused music therapy
Services: Virtual Services - Yes In Person Services - Yes Practicum Placement - Yes Internships - No Observations/Shadowing - Yes		

Rooted Cadence	Music
Therapy, LLC	

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Sun Behavioral Health; Children
and Families First of Delaware

Contact

Email:arklifemusictherapy@gmail.c

om

Phone: 410-642-4528

Services:

Tom Gerni, LMTP, MT-BC

Email: arklifemusictherapy@gmail.com

Phone: 410-642-4528

Works with: Sun Behavioral Health; Children and Families First of Delaware

Behavioral Health, Learning Disabilities [IEP, 504 +], Early, School-age, Adolescent; Substance Use and Abuse, Co-Occuring disorders, Senior Wellness, Stroke, Dementia, End of Life Care / Hospice

Services:



Virtual Services - for referral/assessment, intake purposes

In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - Yes Adaptive Instruction, Self-Regulation of Mood, "Tapping," Creative group and individual therapy, Language Reinforcement Strategies and Activities, Toning, Melodic Intonation Therapy, DBT-informed Music and Mindfulness Practice, Vocal Coaching, Song-writing,

Additional Info: A referral or "prescription" from MD or Psychiatrist, from Social Worker or Licensed Mental Health or School-based practitioner is helpful. Fees may be adjusted on a sliding scale. Home visits are encouraged.

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



Washington County

The Sonatina Center

Contact:

Email:Info@thesonatinacenter.com

Phone: 603-978-4808

Services:

Virtual Services -Yes In Person Services - Yes

Practicum Placement - No Internships - No

Observations/Shadowing - Yes

Emma Martin, NICU-MT designation, MM, LPMT, MT-BC

Email: emma@thesonatinacenter.com Website: www.thesonatinacenter.com Facebook: The Sonatina Center Instagram: @Thesonatinacenter

Works with: Early Childhood, Teens/Adolescents, Adults and Older

Adults

Services:

Individual and Group music therapy, adapted music lessons, Groove &

Grow enrichment groups

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes

Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No

Public Speaking or In Services - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied,



Training for allied professionals- No Co-Treatment - No

musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!

Zoe Simon-Levine

Services:

Virtual Services - Yes In Person Services - Plan to open soon. Please contact for more info

Practicum Placement - No Internships - No Observations/Shadowing - No Music Therapy Supervision - Yes Zoe Simon-Levine, MMT, LP-MT, MT-BC (she/they/her/them)

, | L

Email: zoesimonlevine@gmail.com

Website: riverrunmt.com

Works with: Families, Children, Teens

Services: Adapted Lessons, Individual Music Therapy, Family Music Groups, Supervision for Music Therapists

Additional Information:

Zoe's work is relationship focused and emphasizes participant desires and autonomy. Zoe is an experienced supervisor and enjoys co-crafting supportive spaces for critical questioning. Starting January 2024 Zoe will be located in Washington County, MD.



Wicomico County

Chesapeake Music Therapy

Contact:

Email: Chesapeakemusictherapy@gmail.com

Instagram- Chesapeake Music Therapy Facebook- Chesapeake Music Therapy

Phone: (443) 523-4976

Virtual Services - Yes In Person Services - Yes

Practicum Placement - Yes

Internships - Yes

Observations/Shadowing - Yes

Niki Runge, MCAT, LPMT, MT-BC

Email: Chesapeakemusictherapy@gmail.com

Social: Facebook- Chesapeake Music Therapy

Phone: (443) 523-4976

Works with:

early childhood, child/adolescent mental health, autism, developmental disabilities, cognitive disabilities, hospice, child

and special needs bereavement

Services:

music therapy individual and group, adapted music lessons

Credentials: Hospice and Palliative Care Music Therapy Certificate, Member of MD Board of Examiners for Audiologists, Hearing-Aid Dispensers, Speech-Language

Pathologists and Music Therapists

Coastal Hospice

Contact:

Services:

Virtual Services - No In Person Services - Yes

Practicum Placement - No

Internships - No

Observations/Shadowing - Yes

Doris Ludicke, LPMT

Email: DLudicke@coastalhospice.org

Phone: 443-373-1434

Works with:

Alzheimer's/dementia, terminally ill adults

Services:

Individual music therapy

Hayley Stayman LPMT, MT-BC, NMT

Email: hstayman@coastalhospice.org

Works with:

Hospice, Geriatrics, Dementia

Services:

Individual music therapy

Rooted Cadence Music

Therapy, LLC

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support,

end-of-life support

Contact:

Email: info@rootedcadencemt.com



Website: www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes MT Supervision - Yes

Public Speaking or In Services - Yes

Services:

Virtual individual and group sessions

Sun Behavioral Health; Children and Families First of Delaware

Contact

Email:arklifemusictherapy@gmail.c

om

Phone: 410-642-4528

Services:

Virtual Services - for referral/assessment, intake purposes

In Person Services - Yes

Practicum Placement - No Internships - No Observations/Shadowing - Yes Tom Gerni, LMTP, MT-BC

Email: arklifemusictherapy@gmail.com

Phone: 410-642-4528

Works with: Sun Behavioral Health; Children and Families First of Delaware

Behavioral Health, Learning Disabilities [IEP, 504 +], Early, School-age, Adolescent; Substance Use and Abuse, Co-Occuring disorders, Senior Wellness, Stroke, Dementia, End of Life Care / Hospice

Services:

Adaptive Instruction, Self-Regulation of Mood, "Tapping," Creative group and individual therapy, Language Reinforcement Strategies and Activities, Toning, Melodic Intonation Therapy, DBT-informed Music and Mindfulness Practice, Vocal Coaching, Song-writing,

Additional Info: A referral or "prescription" from MD or Psychiatrist, from Social Worker or Licensed Mental Health or School-based practitioner is helpful. Fees may be adjusted on a sliding scale. Home visits are encouraged.

Tapestry Music Therapy, LLC

Contact:

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

Tapestry Music Therapy, LLC is for adults that want to deepen their relationship with something or someone Greater, themselves, and others in meaningful, intuitive, embodied, musical, and creative ways. If you love music, contemplative practices, playing instruments, connection, movement, and art, then TMT's group music therapy sessions and group workshops are for you!



Worcester County

Chesap	peake Music Therapy	Niki Runge, MCAT, LPMT, MT-BC	Email: Chesapeakemusictherapy@gmail.com Social: Facebook- Chesapeake Music Therapy Phone: (443) 523-4976
Contact: Email: Chesapeakemusictherapy@gmail.com Social: Instagram- Chesapeake Music Therapy Facebook- Chesapeake Music Therapy		Works with: early childhood, child/adolescent mental health, autism, developmental disabilities, cognitive disabilities, hospice, child and special needs bereavement	
	e: (443) 523-4976		Services: music therapy individual and group, adapted music lessons
	s: ervices - Yes n Services - Yes		Credentials: Hospice and Palliative Care Music Therapy Certificate, Member of MD Board of Examiners for Audiologists, Hearing-Aid Dispensers, Speech-Language Pathologists and Music Therapists
Practicur	m Placement - Yes		
Internshi	ips - Yes		
Observat	tions/Shadowing - Yes		

Coastal Hospice	Doris Ludicke, LPMT	Email: DLudicke@coastalhospice.org Phone: 443-373-1434
Contact: Services: Virtual Services - No In Person Services - Yes Practicum Placement - No	-	Works with: Alzheimer's/dementia, terminally ill adults Services: Individual music therapy
Internships - No Observations/Shadowing - Yes	Niki Runge, MCAT, LPMT, MT-BC	Email: Chesapeakemusictherapy@gmail.com Social: Facebook- Chesapeake Music Therapy Phone: (443) 523-4976 Works with: early childhood, child/adolescent mental health, autism, developmental disabilities, cognitive disabilities, hospice, child and special needs bereavement Services: music therapy individual and group, adapted music lessons Credentials: Hospice and Palliative Care Music Therapy Certificate, Member of MD Board of Examiners for Audiologists, Hearing-Aid Dispensers, Speech-Language Pathologists and Music Therapists
	Hayley Stayman LPMT, MT-BC, NMT	Email: hstayman@coastalhospice.org



Works with: Hospice, Geriatrics, Dementia Services: Individual music therapy

Rooted Cadence Music Therapy, LLC

Contact:

Email: info@rootedcadencemt.com Website: www.rootedcadencemt.com

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact:

lydiamt@tapestrymusictherapy.com Web:tapestrymusictherapy.com

Services: Virtual Services - Yes

In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No Training for allied professionals- No Co-Treatment - No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

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AMTA/Other

American Music Therapy Association	Angie K Elkins, MPS, LPMT, MT-BC	Email: elkins@musictherapy.org
Contact: Website: www.musictherapy.org Phone: 301-589-3300 Services: Virtual Services - No In Person Services - No Practicum Placement - No Internships - No Observations/Shadowing - No	Dianne Wawrzusin, MM, MT-BC	Email: wawrzusin@musictherapy.org Website: www.musictherapy.org Phone:301-589-3300 ext. 1076 Services: I welcome outreach from anyone seeking information regarding the music therapy profession and the American Music Therapy Association

OaksNotes Music	Emily Oaks, MT-BC, LPMT	Email: emilymariemusic92@gmail.com
Contact: Phone: 410-382-9401		Works With: Early Childhood, Children Services: Music lessons, music therapy assisted childbirth
Services: Virtual Services - No In Person Services - No Practicum Placement - No Internships - No Observations/Shadowing - No		



Virtual

Rooted Cadence Music Therapy, LLC

Contact:

Email: <u>info@rootedcadencemt.com</u> Website:<u>www.rootedcadencemt.com</u>

Phone: 443-333-9948

Services:

Virtual Services - Yes In Person Services - No Practicum Placement - Yes Internships - No

Observations/Shadowing - Yes

MT Supervision - Yes

Public Speaking or In Services - Yes

Amanda Rosado, MMT, LPMT, MT-BC

Email: info@rootedcadencemt.com

Works With:

Mental health/wellness focused care for teens (14+), adults, and older adults; trauma recovery, depression, anxiety, identity building, cancer support, LGBTQ+, Dementia support, end-of-life support

Services:

Virtual individual and group sessions

Tapestry Music Therapy, LLC

Contact.

<u>lydiamt@tapestrymusictherapy.com</u> <u>Web:tapestrymusictherapy.com</u>

Services:

Virtual Services - Yes In Person Services - Yes Practicum Placement - No Internships - No Observations/Shadowing - No MT Supervision - No Public Speaking or In Services - No

Training for allied professionals- No

Lydia Gruber, LPMT, MT-BC (she/her)

Works With:

Adults (wellness-based) seeking spiritual, emotional, and mental wellness & support

Services:

Group sessions and wellness workshops

Additional Information:

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Your Tempo Healing LLC

Co-Treatment - No

Alison Dagger, MA, LPMT, LCPC

Email: alison@yourtempohealing.com

Works With:

Young Adults and Adults seeking to treat anxiety, trauma, and PTSD

Contact:

Email:alison@yourtempohealing.com



Website: www.yourtempohealing.com

Social: @yourtempohealing

Services:

Virtual Services - Yes
In Person Services - Opening soon
Practicum Placement - No
Internships - No
Observations/Shadowing - No
MT Supervision - No

Public Speaking or In Services - Yes

Services:

music therapy individual (contact for information regarding group offerings)

About:

Your Tempo Healing LLC is dedicated to creative transformation for individuals suffering the long lasting impacts of trauma caused by abuse, neglect, and marginalization. Services are centered around trauma education and body-mind healing using music, movement, and the creative arts to help adults struggling to own their worth connect back into themselves, their professional lives, and relationships.